



Learn from Home: Day 3

Below you will find some activities that students can complete at home. Feel free to mix and match and choose the activities that work best for you and your family.

Children learn in different ways. Students may require supports like modelling, scribing or other ways to demonstrate their learning, like a voice recording or drawing. Children also benefit from movement breaks in between activities. Simple movement breaks include, but are not limited to, walking up and down stairs 3 times, running around the exterior of a building, or a circuit of jumping jacks, lunges or other stretches.

Grades 7-8

Focus	Offline	Online
Faith Good for every day: Subscribe to Loyola Press website and receive a 3-minute retreat/ meditation daily: Living Lent Daily	English Prayer: Offer a prayer today for our leaders who are making big decisions every day. If you are eating together, have your child lead "Grace before meals" French Prayer: Lead a prayer in French as you begin/ end your day together as a family or lead the Rosary. Activity: Decision Making Think about a time when you had to make a difficult decision. One way to make a decision is to list the pros and cons of deciding one way or another. List the pros and cons that could have helped you make that particular decision. Reflecting back on this particular decision, how do you know if it was the right one?	Listen to this prayer: A Prayer for our Nation French Prayer: Learn to say common prayers in French as a family. Learn to say the Notre Père Activity: Watch the video: Making Tough Choices with Kid President What are 3 things that stood out for you in this video? What are 2 decisions you have had to make in the past week that were not easy decisions? Tell in more detail about one of these decisions and how you made it, including any other people that were involved in making the decision. Thinking back on this decision, is there anything that you would have changed about this decision?

Numeracy	<p>Take 9 cards numbered 1 to 9. Use eight of these to create two 4-digit numbers. Find the difference of these two numbers. What is the largest difference you can find? What is the lowest difference you can find?</p>	<p>Take 9 cards numbered 1 to 9. Use eight of these to create two 4-digit numbers. Find the difference of these two numbers. What is the largest difference you can find? What is the lowest difference you can find?</p>
Daily Physical Activity	<p>Today's Challenge: Try doing 5 push-ups with your hands against the wall, then with your hands on the edge of a counter or bathtub. Lastly, with your hands on the floor. Try to repeat this 3 times. Remember to keep your back as straight as possible. Explain why the wall push-ups are easier than the floor push-ups?</p>	<p>Today's challenge- Try to complete 5 reps of each of these 4 activities.</p> <p><u>GAME ON</u> - #19, #31, #32 <u>PERFECT PRACTICE</u> - #21</p> <p>Write these down before using this link: Agility and Strength Challenge.</p>
Literacy	<p>Write/create a bedtime story of your very own. Use your knowledge of plot development (background, rising action, climax, falling action, resolution) if you have learned it. If not, try to add some features of excitement or conflict into your story.</p> <p>Before you say goodnight to your parents tonight, read them your bedtime story.</p> <p>FRENCH: Practice your French reading skills while helping out at home by cooking or baking a favourite recipe. Find fast and easy recipes in French here:</p> <p>Recettes facile à faire avec des enfants</p>	<p>FRENCH: April Fool's Day in France is known as Le poisson d'avril. Bring some laughter into your home by reading about fun pranks to play. These two French magazines provide lots of choices for you to explore. Will you print a new label for common items found in your refrigerator or will you try a tasty recipe to trick your friends? Write about your April Fool's Day tricks in your journal quotidien/ daily journal afterwards.</p> <p>Les brouillards Curium</p>
Experiential Learning	<p>Neighbourhood Window Walk This is an opportunity to engage everyone with a fun community window scavenger hunt. Create a new window activity each day!</p> <p>Day 3: Jokes (April Fool's Day!)</p> <p>Experiential Learning Reflective Questions</p> <ol style="list-style-type: none"> 1.What do you think? 2.Why do you think that? 3.How do you know this? 4.Can you tell me more? 5.What questions do you still have? 	<p>Nurturing Critical Thinkers Students in Intermediate Grades will begin to develop a deeper understanding of themselves and the world around them with exposure to more complex experiences. They will have complex questions!</p> <p>Participate: Visit the site www.commonsensemedia.org/ Common Sense Media supports caregivers with media reviews.</p> <p>Reflect: Use the reflective questions to think about what students are thinking and how we can support them (see box on left).</p> <p>Apply: How can we use what we have learned to approach new situations in the future.</p>

