



## Learn from Home: Day #2

Below you will find some activities that students can complete at home. Feel free to mix and match and choose the activities that work best for you and your family.

Children learn in different ways. Students may require supports like modelling, scribing or other ways to demonstrate their learning, like a voice recording or drawing. Children also benefit from movement breaks in between activities. Simple movement breaks include, but are not limited to, walking up and down stairs 3 times, running around the exterior of a building, or a circuit of jumping jacks, lunges or other stretches.

### Grades 7-8

Focus	Offline	Online
<b>Faith</b>	<p>Prayer: Offer a prayer today for our first responders (nurses, doctors, paramedics, firefighters) who are working to keep us all safe and healthy.</p> <p>French Prayer: Lead a prayer in French as you begin or end your day together as a family or lead the Rosary.</p> <p>Activity: Share your prayer that you said above for a first responder or create a new message by writing it out on a large poster using some found objects (i.e.: an old cardboard box) and putting it out in front of your home for people to see.</p>	<p>English Prayer <a href="#">Prayer of Thanks for Nurses and Doctors</a></p> <p>French Prayer: Continuing learning how to say common prayers together as a family in French.  <a href="#">Our Father in French</a></p> <p>Activity: Watch the video clip <a href="#">How Should Catholics Respond to the Coronavirus Pandemic?</a> Show your gratitude to a first responder (nurses, doctors, firefighters, or paramedics) by either sharing your prayer for them or by creating a message of gratitude for them. Think of a social media platform to share this message on. Share it.</p>



<p><b>Experiential Learning</b></p>	<p><b><u>Neighbourhood Window Walk</u></b>  This is an opportunity to engage everyone with a fun community window scavenger hunt. Create a new window activity each day!  We loved the encouraging words from yesterday! Here are some below.</p> <ul style="list-style-type: none"> <li>• Don't worry...be happy</li> <li>• With will and determination and grace, too</li> <li>• Don't count the days, make the days count</li> </ul> <p><b>Day 2: Silly Faces</b></p> <p><b>Experiential Learning Reflective Questions</b></p> <ol style="list-style-type: none"> <li>1.What do you think?</li> <li>2.Why do you think that?</li> <li>3.How do you know this?</li> <li>4.Can you tell me more?</li> <li>5.What questions do you still have?</li> </ol>	<p>Sunday night, iHeart hosted a living room concert to help raise money for charities that are struggling to secure donations during this trying time. Find the video <a href="#">here</a>.</p> <p>Participate: Watch the video. What questions do you have? (Why might...; how should...; etc.)  Reflect: What can be done to help front line workers and others in this time?  Apply: Come up with a plan of action for your family discussing the things you can do to help those in need at this time. If you're stuck, start with "prayer".</p>
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