



**DURHAM CATHOLIC
DISTRICT SCHOOL BOARD**
Learning and Living in Faith

ADMINISTRATIVE PROCEDURE – 419-1

Healthy Food and Beverage

Area: Operations

Policy Reference: Healthy Food and Beverage (PO419)

Approved: November 7, 2011

Revised: November 28, 2011; February 6, 2017; December 7, 2023

1. Purpose

The purpose of this administrative procedure is to ensure compliance with nutrition standards for food and beverages sold in Durham Catholic District School Board schools.

2. Definitions

Nil

3. Procedures

3.1 Using the guidelines provided in the Ministry of Education School Food and Beverage Policy Resource Guide, the Board shall:

3.1.1 support school principals in monitoring compliance with provincial nutrition standards for foods provided for sale in schools;

3.2 School principals shall:

3.2.2 consult with Catholic School Councils prior to designating up to ten special-event days on which food and beverages sold in schools would be exempt from the nutrition standards; and

3.2.3 encourage the consumption of municipal water on site and cooperate with student led initiatives to eliminate the use of bottled water.

3.3 With the support of Purchasing Services, principals and managers shall ensure that all food services contractors and vendors meet the requirements of this policy and administrative procedure.

4. Sources

- 4.1 [Ministry of Education – School Food and Beverage Policy Resource Guide – 2010](#)
- 4.2 [Ministry of Education – School Food and Beverage Policy – Quick Reference Guide – 2010](#)
- 4.3 [Policy/Program Memorandum 150, School Food and Beverage Policy Appendices](#)
- 4.4 [Ontario Physical and Health Education Association \(Ophea\) Guidelines](#)
- 4.5 [Eating Well with Canada's Food Guide](#)
- 4.6 [Eating Well with Canada's Food Guide, First Nations, Métis and Inuit](#)
- 4.7 [Ontario Public Health Units – Nutrition Tools for Schools – A Toolkit for Ontario Public Health Units to Support Elementary Schools in Creating a Healthy Nutrition Environment](#)

5. Related Policies and Administrative Procedures

- 5.1 [Healthy Food and Beverage Policy \(PO419\)](#)