

WHAT IS *PROBLEMATIC DRUG USE?*

Use of **ILLEGAL,**
PRESCRIPTIONS &
OVER-THE-COUNTER
DRUGS in ways that
affect your life
negatively.

Are you
Experiencing
problems due to
your substance
use? VISIT

[KIDSHELPPHONE.CA](https://www.kidshelpphone.ca)



Possible problems:

- Your body **physically** relying on a drug
- Issues in relationships
- Lack of motivation
- Academic difficulties

