

# ALL ABOUT OPIOID OVERDOSE

## SIGNS OF OVERDOSE



- Blue or grey lips or nails
- Dizziness and confusion
- Can't be woken up
- Slow, weak or no breathing

## WHAT IS OVERDOSE



During an overdose, opioids slow down your breathing.

This can lead to fainting and even death.

## SOMEONE'S OVERDOSING?



1. Call 911 and tell a trusted adult.
2. Administer Naloxone if you have it.
3. Stay with the person until help arrives.

**Remember, together we  
can prevent overdose.**

Find more information and help at: [kidshelpphone.ca](http://kidshelpphone.ca)

